

Site	Address	Date/Times	Contact Numbers	Email Address
<b>Blackpool</b>				
Dementia Lounge	Trinity Hospice	Every 2nd Tuesday 10.30am-12.30pm	01253 358881	<a href="mailto:trinity.practice.development@nhs.net">trinity.practice.development@nhs.net</a>
Forget Me Not Dementia café	Marton United Reform Church Blackpool	Wednesdays 11am-1pm	07523 637452	<a href="mailto:hjmfitz@hotmail.com">hjmfitz@hotmail.com</a>
Singing for the Brain	Marton United Reform Church Blackpool	Mondays (Not Bank Holidays) 11am-1pm	07523 637452	<a href="mailto:hjmfitz@hotmail.com">hjmfitz@hotmail.com</a>
Sporting Memories	The Grange	Thursdays 10.30am-12pm	01253 348691	<a href="mailto:info@bfcct.co.uk">info@bfcct.co.uk</a>
Sporting Memories	Blackpool Football Club Bloomfield Road	Fridays 1pm-2.30pm	01253 348691	<a href="mailto:info@bfcct.co.uk">info@bfcct.co.uk</a>
Sporting Memories	North Stand Community Hub	Fridays 3.30pm-4.30pm	01253 348691	<a href="mailto:info@bfcct.co.uk">info@bfcct.co.uk</a>
Singing by Heart	The Salvation Army Raikes Parade, Blackpool	Every 1st Wednesday 10am-11.30am	01253 626114	<a href="mailto:blackpool@salvationarmy.org.uk">blackpool@salvationarmy.org.uk</a>
Keats Day Centre	Highfield Road Blackpool	For Blackpool residents with moderate to severe dementia, commissioned by Social Services	01253 953955	
Dementia Café at Care Home	Glenroyd Care Home Whitegate Drive, Blackpool	Every first Wednesday 10am-12noon	01253 798008	
Thursday Lunch Club	Various venues	Thursdays 1pm-3pm	07809 772236	<a href="mailto:chrisblain0804@gmail.com">chrisblain0804@gmail.com</a>
Lyrics & Lunch	Christ Church Community Centre Meadows Ave, Thornton FY5 2TW	Mondays 12pm-2pm	01253 272372	<a href="mailto:judithkirkham@hotmail.com">judithkirkham@hotmail.com</a>
Lyrics & Lunch	St. Oswalds Church Preesall	Every 2nd & 4th Fridays 11am-1pm		
Singing for the Brain	Poulton Methodist Church	Tuesdays & Thursdays	01253 696854	<a href="mailto:Tuesdays - Alicia.Cookson@Alzheimers.org.uk">Tuesdays - Alicia.Cookson@Alzheimers.org.uk</a>

Alzheimer's Society	(this is not a drop-in group)	2.30am-4pm		<a href="mailto:Thursdays - Claire.Clarke@Alzheimers.org.uk">Thursdays - Claire.Clarke@Alzheimers.org.uk</a>
The Thursday Morning Club	Emmanuel at the Mount	Every 3rd Thursday 10am-12pm	07708 568123 Maurice	
Garstang memory café	Free Methodist Church Windsor Rd	Every 1st Monday 2pm-4pm	07768 062349 Sandra Perkins	<a href="mailto:sandradperkins@sky.com">sandradperkins@sky.com</a>
Garstang memory café	Free Methodist Church Windsor Rd	Every 3rd Wednesday 10am-12pm		
Young Onset, Young Outlook	Fleetwood Wellbeing Centre	Every 2nd Wednesday 2.30pm-4pm	01253 957036	<a href="mailto:jackie.leadbetter@lscft.nhs.uk">jackie.leadbetter@lscft.nhs.uk</a>
Warren Manor Day Centre	Warren Drive Cleveleys	Monday to Friday including bank holidays	01253 868276	
Peter Lyttle Foundation Young Onset Support	Information available on request		07856 933003	-
Just Reminiscing	Fleetwood Market	Every 1st Friday 11am-1pm		<a href="mailto:artsandevents@wyre.gov.uk">artsandevents@wyre.gov.uk</a>
Victoria Day Centre	Victoria Road East Thornton	Monday - Friday	07739 736290	<a href="mailto:peter@cpmcare.co.uk">peter@cpmcare.co.uk</a>
Dementia Singing Group	Fleetwood Library North Albert Street	Every other Tuesday & Wednesday 2.30pm-4pm	0300 123 6703	<a href="mailto:fleetwood.library@lancashire.gov.uk">fleetwood.library@lancashire.gov.uk</a>
Drop in Dementia Café Alzheimer's Society	The Park Suite, West Street Cleveleys, FY5 2BL	Every 3rd Wednesday 10.30am-12pm	01253 696854	<a href="mailto:northlancashire@alzheimers.org.uk">northlancashire@alzheimers.org.uk</a>
Step Back in Time Freeform dance and movement	The Hub North Albert Street, Fleetwood	Mondays 10am-10.45am	07484 821156	<a href="mailto:julesbrooks54@gmail.com">julesbrooks54@gmail.com</a>
<b>Fylde</b>				
Homecomforts	Homecomforts Care Company Jubilee House, East Beach	Care companions	07985 372987 Ann and Nigel	<a href="mailto:info@homecomfortservice.co.uk">info@homecomfortservice.co.uk</a>
Freckleton Library	Freckleton Library	Every 2nd Monday 10.30am-12pm	0300 123 6703	<a href="mailto:freckleton.library@lancashire.gov.uk">freckleton.library@lancashire.gov.uk</a>
Glendower Hotel Alzheimer's Society	Alzheimer's Society	Every 2nd Wednesday 10am-12pm	01253 696854	<a href="mailto:northlancashire@alzheimers.org.uk">northlancashire@alzheimers.org.uk</a>
Just Good Friends (For All)	Lytham/St Annes		-	<a href="mailto:bev.sykes@hotmail.co.uk">bev.sykes@hotmail.co.uk</a>

Lytham Dementia Sing-along Group	Hope Church 10 Preston Road, Lytham	Mondays 1.15pm-3.15pm	07565 027726	<a href="http://www.dementiasingalong.com">www.dementiasingalong.com</a> <a href="mailto:hello@dementiasingalong.com">hello@dementiasingalong.com</a>
Senior Moments Day Centre & Domiciliary Services	23 Wood Street St Annes	Closed Saturdays	01253 724191	
The Memory Café	The Willows Church Ribby Road, Kirkham	Every other Wednesday 11am-1pm	07871 786726	<a href="mailto:thememorycafe Kirkham@hotmail.com">thememorycafe Kirkham@hotmail.com</a>

**Trinity Hospice does not accept any liability or responsibility for:**

The accuracy of the information received from providers and services

The suitability of services for a particular purpose

The quality of the services included

**Please note:**

We do not promote or endorse any of the services listed in any way.

We recognize that we are unable to provide a complete list of services and that others may be available.

Anyone seeking to use or access these services does so at their own risk and should make all appropriate enquiries about fitness for purpose and suitability to meet their needs.