

Stretch & Sip Social

Supporting your local hospice

Treat yourself to an afternoon of stretching your body, a glass of fizz and meeting new friends, whilst raising funds for Trinity Hospice. Bring a mat, towel and a smile!

Tickets £12 include entry into prize raffle

28 September 2025

13.00-15.00pm

Poulton Community Hall

Poulton-le-Fylde

FY6 7BE



**Trinity
Hospice**

Compassion and care

For more info call Susan Pilkington-Davis - SPD
Pilates

Tel: 07860273782

Registered Charity No. 511605

