

Lymphoedema Service Referral and Management Pathways



ALL referrals **MUST** be submitted on the Lymphoedema Referral Form (see Annex A)

Lymphoedema Referral Received by Service

Referral triaged and outcome recorded on EMIS

Inappropriate referrals rejected and rejection confirmation sent with reason

Referral Accepted

Incomplete referral forms returned for additional information

Patient prioritised* and appointment sent out within 3 weeks (Annex C)
Service Telephone number provided should Patient have concerns/need to re-arrange

Telephone contact with patient 48 - 72 hours prior to appointment

*Prioritisation will consider

- Life Limiting Conditions
- Extent of swelling
- Area of swelling
- Impact on ADL's
- Impact on Quality of Life

- Reminder of date and time of appointment.
- Infection control information provided (Covid screening).
- Confirmation if patient coming by ambulance or any particular access needs.

- If unable to contact patient and/or patient does not attend, check with GP.
- If still no response DNA letter sent (see Annex 2).
- If no response from patient within 2 weeks, discharge from service.

Minimal Swelling

Assessment of Lymphoedema /Lipoedema Without Treatment

Initial Assessment & Prescription

All patients receive education on self-care, simple lymphatic drainage (where appropriate), skincare, cellulitis and use of compression hosiery



Patient contact service when garment received



Fitting Appointment
For Compression



Three Month Review and Discharge

NB: Patient and GP receive copy of prescription. Patient advised to re-order every 6 months

Re-Referral to Lymphoedema /Lipoedema for Remeasure (Potential To Follow Complex Pathway)

Initial Assessment, Re-measuring & Prescription

All patients receive education on self-care, simple lymphatic drainage (where appropriate), skincare, cellulitis and use of compression hosiery



Three Month Review and Discharge

NB: Patient and GP receive copy of prescription. Patient advised to re-order every 6 months

Assessment of Complex Lymphoedema /Lipoedema with Treatments

Initial Assessment, Re-measuring & Prescription

All patients receive education on self-care, simple lymphatic drainage (where appropriate), skincare, cellulitis and use of compression hosiery

Patient contact service when garment received

Fitting Appointment
For Compression

Six Sessions Of
Treatment*

*Please note patients may require more or less than 6 sessions.

This may be assessed during treatment period and according to patient wishes

Eight Week Interval Progress Review

Poor response to treatment

Good response to treatment

Top Up or Change to Treatment Plan

Eight Week Review

** Please note – patient will only be discharged when appropriate.

If not suitable for discharge they will re-attend clinic for three monthly review.

Three Month Review & Discharge**

NB: Patient and GP receive copy of prescription. Patient advised to re-order every 6 months