

Site	Address	Date/Times	Contact Numbers	Email Address
<b>Blackpool</b>				
Dementia Lounge	Trinity Hospice	Every 2nd Tuesday 10.30am-12.30pm	01253 952610	<a href="mailto:trinity.practice.development@nhs.net">trinity.practice.development@nhs.net</a>
Forget Me Not Dementia café	Marton United Reform Church Blackpool	Wednesdays 10am-12pm	07523 637452	<a href="mailto:hjmfitz@hotmail.com">hjmfitz@hotmail.com</a>
Singing for the Brain	Marton United Reform Church Blackpool	Mondays 11.30am-1pm	07523 637452	<a href="mailto:hjmfitz@hotmail.com">hjmfitz@hotmail.com</a>
Dementia Drop in Carers centre	Beaverbrooks House Newton Drive	Thursdays 1.30pm-3pm	01253 393748	
Dementia education for carers		Wednesdays	01253 393748	
Sporting Memories (For All)	The Grange	Thursdays 10.30am-12pm	01253 348691 Rachel	<a href="mailto:info@bfcct.co.uk">info@bfcct.co.uk</a>
Sporting Memories (For All)	Blackpool Football Club Bloomfield Road	Fridays 1pm-2.30pm	01253 348691 Rachel	<a href="mailto:info@bfcct.co.uk">info@bfcct.co.uk</a>
Embrace Lodge Day Centre	303 Whitegate Drive Blackpool	Monday - Friday	01253 543443	-
Singing by Heart	The Salvation Army Raikes Parade, Blackpool	Every 1st Wednesday 10am-11.30am	01253 626114	<a href="mailto:blackpool@salvationarmy.org.uk">blackpool@salvationarmy.org.uk</a>
Keats Day Centre	Shorelands Central Drive, Blackpool	For Blackpool residents with moderate to severe dementia, commissioned by Social Services	01253 953955	
<b>Wyre</b>				
Lyrics & Lunch	Christ Church Community Centre Thornton	Mondays	01253 272372	<a href="mailto:judithkirkham@hotmail.com">judithkirkham@hotmail.com</a>
Lyrics & Lunch	St. Oswalds Church Preesall	Every 2nd & 4th Fridays 11am-1pm		
Singing for the Brain Alzheimer's Society	Poulton Methodist Church	Tuesdays 10.30am-12pm	01253 696854 Deborah	<a href="mailto:deborah.roberts@alzheimers.org.uk">deborah.roberts@alzheimers.org.uk</a>
Singing for the Brain Alzheimers' Society	Poulton Methodist Church	Thursdays 2.30pm-4pm		

Drop in Memory Centre	Emmanuel at the Mount	Every 3rd Thursday 10am-12pm	07708 568123 Maurice	
Garstang memory café	Free Methodist Church Windsor Rd	Every 1st Monday 2pm-4pm	07768 062349 Sandra Perkins	<a href="mailto:sandradperkins@sky.com">sandradperkins@sky.com</a>
Garstang memory café	Free Methodist Church Windsor Rd	Every 3rd Wednesday 10am-12pm		
Young Onset, Young Outlook	Fleetwood Wellbeing Centre	Every 2nd Wednesday 2.30pm-4pm	01253 957036	<a href="mailto:jackie.leadbetter-rolsoft@nhs.uk">jackie.leadbetter-rolsoft@nhs.uk</a>
Warren Manor Day Centre	Warren Drive Cleveleys		01253 868276	
Peter Lyttle Foundation Young Onset Support	Information available on request		07856 933003	-
Just Reminiscing	Healthier Fleetwood Office Affinity, Fleetwood	Every 1st Friday 11am-1pm		<a href="mailto:artsandevents@wyre.gov.uk">artsandevents@wyre.gov.uk</a>
Victoria Day Centre	Victoria Road East Thornton	Monday - Friday	07739 736290	<a href="mailto:peter@cpmcare.co.uk">peter@cpmcare.co.uk</a>
Dementia Singing Group	Fleetwood Library North Albert Street	Every Tuesday 2.30pm-4pm		<a href="mailto:fleetwood.library@lancashire.gov.uk">fleetwood.library@lancashire.gov.uk</a>
Drop in Dementia Café Alzheimer's Society	The Regal Hotel Thornton Cleveleys, FY5 1AG	Every 3rd Wednesday 10am-12pm	01253 696854	-
<b>Fylde</b>				
Homecomforts	Homecomforts Care Company Jubilee House, East Beach	Care companions	07985 372987 Ann and Nigel	<a href="mailto:info@homecomfortservice.co.uk">info@homecomfortservice.co.uk</a>
Freckleton Library	Freckleton Library	Every 2nd Monday 10.30am-12pm		
Glendower Hotel Alzheimer's Society	Alzheimer's Society	Every 2nd Wednesday 10am-12pm	01253 696854	<a href="mailto:northlancashire@alzheimers.org.uk">northlancashire@alzheimers.org.uk</a>
Just Good Friends (For All)			-	<a href="mailto:bev.sykes@hotmail.co.uk">bev.sykes@hotmail.co.uk</a>
Lytham Dementia Sing-along Group	Hope Church 10 Preston Road, Lytham	Mondays 1.15pm-3.15pm	-	-
Senior Moments Day Centre & Domicilliary Services	23 Wood Street St Annes		01253 724191	

