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# Coronavirus (COVID-19)

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## Guidance for all visitors on attending or visiting Trinity Hospice and Brian House



**The incidence of Coronavirus (COVID-19) infection is increasing in the UK and it is essential that we take precautionary measures to minimise the risk of spread of this infection to our patients, staff and volunteers.**

The symptoms of Coronavirus (Covid-19) disease are far more severe in people with weakened immune systems, the elderly, and those with long term conditions such as diabetes, cancer, and chronic lung disease. At Trinity and Brian House we care for adults and children with complex or advanced life-limiting illnesses, who would be very vulnerable should they be exposed to this infection.

We request that all patients, service users, staff, volunteers, contractors, relatives and friends consider whether they could be a potential carrier of the coronavirus and therefore pose a risk to others using the hospice.

**Please ensure you pay attention to all signage at the entrances and around hospice premises and that you wash your hands frequently and thoroughly and use the alcohol hand gel found at hospice sites regularly and before entering any hospice buildings.**

**With the exception of those visiting our patients who are approaching the very end of their lives, we must now limit the number of visitors to each of our patients to no more than 2 at one time.**

We know lots of visitors can be tiring for your loved ones so where you can as family and friends, please consider arranging a rota for visiting.

When you visit, you will be welcomed at reception, screened for any symptoms of concern by our staff and supported to ensure good hand hygiene and infection control.

## Could you have coronavirus infection?

**If you have a high temperature or a new, continuous cough.....**

**Please do not visit any of our hospice premises.**

**Stay at home and self-isolate for 7 days.**

**For most people, coronavirus (COVID-19) will be a mild infection**

**You do not need to call NHS 111 to go into self-isolation.**

If you are not coping or your symptoms worsen during home isolation or are no better after 7 days contact [NHS 111 online](https://www.nhs.uk/conditions/coronavirus-covid-19/). If you have no internet access, you should call NHS 111. For a medical emergency dial 999.

This action will help protect others in your community whilst you are infectious, plan ahead and ask others for help to ensure that you can successfully stay at home.

Stay at least 2 metres (about 3 steps) away from other people in your home and sleep alone whenever possible. Wash your hands regularly for 20 seconds, each time using soap and water and stay away from vulnerable individuals such as the elderly and those with underlying health conditions as much as possible.

Further information is available on the government and NHS websites:

- <https://www.nhs.uk/conditions/coronavirus-covid-19/>
- <https://www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public>

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**Thank you for your understanding and supporting us in caring for our patients, families, staff and volunteers**

*Dr Gillian Au, Medical Director and Jenny Pilkington, Infection Control Lead.*

*Updated 16/03/20 by Dr Gillian Au.*