

Coronavirus (COVID-19)

Guidance for all visitors on attending or visiting Trinity Hospice and Brian House



The incidence of Coronavirus (COVID-19) infection is increasing in the UK and it is essential that we take precautionary measures to minimise the risk of spread of this infection to our patients, staff and volunteers.

The symptoms of Coronavirus (Covid-19) disease are far more severe in people with weakened immune systems, the elderly, and those with long term conditions such as diabetes, cancer, and chronic lung disease. At Trinity and Brian House we care for adults and children with complex or advanced life-limiting illnesses, who would be very vulnerable should they be exposed to this infection.

Please ensure you pay attention to all signage at the entrances and around hospice premises and that you wash your hands frequently and thoroughly and use the alcohol hand gel found at hospice sites regularly and before entering any hospice buildings.

We request that all patients, service users, staff, volunteers, contractors, relatives and friends consider whether they could be a potential carrier of the coronavirus and therefore pose a risk to others using the hospice.

Could you have coronavirus infection?

If you have either a high temperature or a new, continuous cough, stay at home for 7 days
Please do not visit any of our hospice premises

You do not need to call NHS111 to go into self-isolation. If you are not coping or your symptoms worsen during home isolation or are no better after 7 days contact [NHS 111 online](#). If you have no internet access, you should call NHS 111. For a medical emergency dial 999. This action will help protect others in your community whilst you are infectious, plan ahead and ask others for help to ensure that you can successfully stay at home. Stay at least 2 metres (about 3 steps) away from other people in your home and sleep alone whenever possible. Wash your hands regularly for 20 seconds, each time using soap and water and stay away from vulnerable individuals such as the elderly and those with underlying health conditions as much as possible

Travel risk - could you be a possible carrier of the coronavirus?

In the last 14 days have you or a close contact of yours:

- Travelled to Hubei province (which includes Wuhan)?
- Returned from Iran, special care zones in South Korea or any area of Italy (since March 9th) even if you do not have symptoms?
- Travelled to, or visited anywhere in mainland China, specific locked-down areas of northern Italy before 9 March, South Korea, Cambodia, Hong Kong, Japan, Laos, Macau, Malaysia, Myanmar, Singapore, Taiwan, Thailand or Vietnam and experiencing shortness of breath, a cough and/or a fever?
- Come into contact with someone who is known to have tested positive for Coronavirus?

If the answer is YES to any of the above

- **Please do NOT visit any of our hospice premises.**
- **You should, self –isolate indoors and call NHS 111 for further advice.**

Further information is available on the government and NHS websites:

- <https://www.nhs.uk/conditions/coronavirus-covid-19/>
- <https://www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public>

Thank you for your understanding and supporting us in caring for our patients, families, staff and volunteers

Dr Gillian Au, Medical Director and Jenny Pilkington, Infection Control Lead.

Updated 13/03/20 by Dr Gillian Au.