

Here are 4 different routes **MAKE SURE YOU KNOW YOUR ROUTE**. Riders who have gone wrong in the past didn't use this sheet and relied just on the signs, sometimes nasty people take one or two down. Each route is colour coded... **KNOW YOUR ROUTE COLOUR**. This route planner follows the 45 mile route from the new starting point at AKS Lytham Independent School and highlights the changes to this for the other distances. Use this planner and the map overleaf. Spare maps will be available on the day at the registration desks.

NEW STARTING POINT - AKS Lytham:

4 checkpoints on the **45 mile route**, 3 on the **30 mile route** & 1 on the **18 mile route**.

Bay Horse, Thornton start point: 4 checkpoints on the **45 mile route** & 1 on the **15 mile route**.

For riders starting at the Bay Horse in Thornton: start at the '3rd Checkpoint' on the route planner below.

NEW STARTING POINT - AKS Lytham grounds: Enter via Clifton Drive

- Turn right out of the AKS Lytham onto St Paul's Avenue and turn left onto Inner Promenade.
- Turn right at the traffic lights onto West Beach.
- Keep going past the end of Lytham Green then watch for the left turn into Salcotes Road & at the next mini roundabout turn right, still Salcotes Road, carry on through Moss Side, through Wrea Green, towards Kirkham.
- **18 MILE ROUTE RIDERS ONLY: Carry on past Ribby Hall, straight over the roundabout, past the Kingfisher pub then 1st left into Weeton Road, over the M55 then first left into Kirkham Road which takes you to the Eagle and Child pub checkpoint where you then follow the route from the '4th Checkpoint' below.**
- After passing Ribby Hall look out for the cycle path on the right which takes you next to, then onto, the A583 towards Preston. **THIS IS A VERY BUSY ROAD: PLEASE TAKE EXTRA CARE**
- Turn left at the lights into Freckleton Street, then right at the mini roundabout by Kirkham Square.
- Continue on to the 1st Checkpoint by the windmill at the top of Dowbridge hill.

1ST CHECKPOINT (8.5 MILES) KIRKHAM WINDMILL: GET YOUR NUMBER STICKER

- Continue down the hill and at the bottom turn left into New Hey Lane.
- Watch for the left turn into Moor Hall Lane, then at the T junction turn left into Church Lane.
- At the end turn left onto Station Road (Westinghouse on your right) and at the next T junction (Hand & Dagger pub) turn left.
- Turn 2nd right into Moss Lane West and at the T junction turn left into Jacob Lane.
- At the T junction turn right, over the M55 then at the T junction turn left into Salwick Road.
- At the T junction turn left, signposted for Wharles, then next right into Roseacre Road.
- At the Elswick crossroads go straight across into Ash Road and onto the Checkpoint at Bonds Ice Cream Parlour.

2ND CHECKPOINT (20 MILES) BONDS ICE CREAM PARLOUR: GET YOUR RIDER NUMBER STICKER

- Continue past the Boot & Shoe pub, at the T junction turn right, then right again at the next T junction.
- At the junction with the A585 turn right **VERY BUSY ROAD: TAKE EXTRA CARE** then quick left into Mile Road to Singleton.
- **30 MILE RIDERS ONLY: At the T junction turn left and continue to the Eagle & Child pub checkpoint where you follow the route from the '4th Checkpoint' below.**
- At the T junction turn right, then right at the mini roundabout.
- At the set of lights (Shell petrol Station opposite) go straight ahead onto Mains Lane.
- At the River Wyre pub roundabout turn right onto Skippool Road then left at the next mini roundabout and on to the Bay Horse pub Checkpoint, just before the level crossing.

3RD CHECKPOINT (28 MILES) BAY HORSE PUB: GET YOUR RIDER NUMBER STICKER

- Turn right out of the pub car park, left at the lights by Thornton Little Theatre then over the big roundabout **VERY BUSY ROAD: TAKE EXTRA CARE** and onto to Carleton.
- Left at the lights by the Castle Gardens pub into Poulton following the one-way system, at the T junction turn right into Hardhorn Road.
- Through the lights and turn left at the T junction, then shortly after turn right into Smithy Lane towards Staining.
- Left at the T junction, then left again by the Plough pub through Staining.
- At the T junction turn left into Mythop Road and continue on to the Checkpoint at the Eagle & Child pub.

4TH CHECKPOINT (38 MILES) EAGLE & CHILD PUB: GET YOUR RIDER NUMBER STICKER

- **15 mile route riders only: Turn left out of the pub car park and on to Singleton. Right at the mini roundabout, straight on at the set of lights (Shell petrol station opposite) into Mains Lane, right at the roundabout by the River Wyre pub into Skippool Road, left at the mini roundabout and on to the finish at the Bay Horse pub.**
- Turn right out of the car park then left into Church Road and straight across the lights at Preston New Road.
- Turn right onto Ballam Road, through Westby and into the centre of Lytham, turning right at the T junction into Church Road, past St Cuthbert's Church then just before the bridge fork left into Cambridge Road.
- Right at the lights by the White Church onto Clifton Drive.
- Turn left into the main entrance of AKS Lytham to finish.

45 MILE ROUTE RIDERS WHO STARTED AT THE BAY HORSE PUB SHOULD NOW FOLLOW THE ROUTE PLAN FROM THE TOP OF THIS SHEET

Download the routes

45 Miles - https://www.strava.com/routes/12160127/export_gpx

30 Miles - <https://www.strava.com/routes/12160953>

WE HOPE YOU ENJOYED THE RIDE, REMEMBER YOUR SPONSORSHIP AND SEE YOU NEXT YEAR!

EMERGENCY NUMBER 07590 876527

