



TRINITY

Hospice &
Palliative Care Services

News

Winter/Spring 2009 Issue 3

Trinity's Light Up A Life



INSIDE

Find out more about:

- Trinity's Clinical Nurse Specialist Team
- Trinity's Light Up A Life
- Trinity's Community Fundraiser
- Brian House Christmas Party
- Trinity Shoppers Week
- Gifts In Kind
- Forthcoming Events

The Board Of Trustees

This is the second selection of profiles covering our Board of Trustees - over future issues we will feature the remaining members of the Board.



Maureen McDermott

I started my career as a Secretary, working at the now University of Salford. In 1970 I joined Salford College of Technology as a Lecturer and stayed there for 18 years progressing to Senior Lecturer.

In 1988 I moved to Blackpool and the Fylde College as Head of Department, later becoming Head of Faculty of Technology and a member of the College's Senior Management Team.

At the end of the 1990's I became Director of Learning and Learning Technology, responsible for MIS, Learning Resources and IT Central Services/Hardware. During those years, I obtained an OU First Class Honour in Mathematics and Computing and a MSc from UMIST in Computation.

After retirement, I looked after my elderly mother after a series of strokes until her death in 2004. So I know at first hand the stresses and strains of caring. I was invited to become a Trustee in 1999 and did so in order to give something back to my adopted town.



Ian Michael Taylor

I started my career spending 10 years as a press Photographer with the Lancashire Evening Post. Also spending 2 years during my National Service travelling around Africa and Arabia working in the Public Relations Service of the Ministry of Defence as a Photographer.

Following on I owned riding centres throughout Britain. With good advice decided to invest in buying my first caravan park in Kirkham. This led to owning residential and holiday parks in the North West, which remains the nucleus of my business.

I became Chairman of the local branch of the BH&HPA. Then went on to become Chairman of the NCC negotiating with the Government on behalf of the industry. I am a past President of Kirkham and Rural Fylde Rotary and was elected a Fellow of the Institute of Directors.

I now serve as a Director on the Lancashire & Blackpool Tourist Board and Wyre Tourism Board, also Chairman of Carr Royd Leisure Group of Companies.



Mary Turner

After completing my first degree in English literature I trained as a Nurse in London, and then worked in oncology settings in London, Sheffield and Oxford. Whilst in Oxford I undertook a research Masters degree at King's College London. This led to my PhD research, for which I was awarded a 3-year studentship from the Department of Health.

Following the birth of my daughter I returned to clinical practice as a Macmillan Breast Care Specialist Nurse, first in Barrow-in-Furness and then in Lancaster, and was awarded my PhD in 2000. I then undertook a Macmillan Management Fellowship, after which I was seconded to Cumbria and Lancashire Strategic Health Authority, where as Assistant Director of Nursing I had responsibility for leading on End of Life Care.

I also managed a project on one of the End of Life Care tools - the Preferred Place of Care (PPC), for Lancashire and South Cumbria Cancer Network. I am a member of the National PPC Review Team which recently revised the document and re-launched it as Preferred Priorities for Care.

In February 2007 I took up my current post as a Post-Doctoral Research Fellow at Lancaster University, and joined the growing team in the International Observatory on End of Life Care. My role is to support Professor Sheila Payne in developing new research into hospice care. We have recently completed a research study on hospice Trustees, which sparked my interest in becoming a Trustee. I have also retained my links with the NHS, and have just started a part-time post leading a large research project for the Cancer Network.

Trinity's New Community Fundraiser

After a very busy few weeks I am finally starting to find my feet in my new role. I feel like I have been here for years! Everyone has given me a warm welcome since I arrived and I would like to thank everyone for his or her time.

Being Community Fundraiser for Trinity Hospice is an honour. I cannot believe people's generosity and contributions into helping and supporting the hospice in so many different ways. I have already been into the community and met some fantastic people who all support the hospice in different ways. I have learnt in a short period of time to always expect the unexpected!

Part of the role of Community Fundraiser is to gain people's awareness of the work and services that Trinity Hospice & Palliative Care Services provides. I am happy to come out to any school, club or social gathering to speak about Trinity Hospice & Palliative Care Services, including Brian House Children's Hospice.

The other part of my role is supporting individuals and organisations to fundraise for Trinity and Brian House. This can be by supporting the event or helping in the organisational stages of fundraising. If anyone needs my help please feel free to contact me directly and I look forward to coming into the community and getting to meet many new faces in the next coming months.

Lisa Martin
Community Fundraiser



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Tel. 01253 359363

Trinity's Light Up A Life



"I found that the Light Up A Life service helped to not only brighten my otherwise difficult Christmas, but also to give me a one-off opportunity to attend a carol service with my husband and children. I felt extremely moved by this service and cannot put into words how much this meant to me. I would like to thank all those involved in arranging it from the bottom of my heart."

Ruth Magrane (Patient, Room12)



Trinity's annual Light Up A Life event was held in the Hospice grounds on 14th December. This annual event is a memorial service during which the lighting of three Christmas trees is symbolic of remembering those loved ones not with us at Christmas.

Almost 1000 people packed the Hospice gardens to join us for a short Christmas service accompanied by the Hospice choir and Pilling Silver Jubilee Band. The grand finale was the lighting of the trees.

Trinity's Light Up A Life service has a special place in the Hospice calendar and continues to go from strength to strength. The Book of Honour, which contains all dedications is now available for viewing in the Hospice Chapel.

The service received positive feedback from many people including:-
June Houghton, 78, from Fleetwood, who attended the service with daughter Trudy Ashton, 47, of Wakefield.

Mrs Ashton said: ***"We come here every year because my daughter, Shirley, died here eight years ago."***

"Everyone is thinking about loved ones they've lost. It's been a lovely service. It's not sad, it's a lovely way to remember her."

Brenda Garside, from Knott End, was in the Hospice gardens with her family to remember her husband Donald who lost his battle with cancer aged 61.

She said: ***"It's nice to come and remember. You never forget but it's just to show your support in every way you can."***

If for whatever reason you didn't know about the service and would like details to be sent for the 2009 Light Up A Life service on 13th December, then please call the Fundraising department on **01253 359362** and we'll add you to the mailing list.

Jane Molyneux
Fundraising and Marketing Manager
jane.molyneux@trinitypcs.org.uk

The Trinity Clinical Nurse Specialist Team

Trinity is committed to providing accessible, high quality Specialist Palliative Care for everyone affected by an advanced, progressive life limiting illness.

Trinity Clinical Nurse Specialists are just one part of the Trinity family of services that provides Specialist Palliative Care advice and expertise to patients, carers and families in Blackpool, Fylde and Wyre.

The End of Life Care Strategy published in July 2008 by the Government sets out a comprehensive framework for caring for people, with dignity and respect, at the end of their lives. It addresses end of life care and how to improve the care delivered in all settings i.e Hospital, Community and Care Homes. **Here at Trinity and as Trinity Clinical Nurse Specialists we wish to:**

- embrace and strive for excellence on the provision of all aspects of our work
- provide high quality care to all
- to aim for continuous improvement by influencing patient care and the support given to carers and families

There are twelve Trinity Clinical Nurse Specialists (hereafter referred to as Trinity CNS's) eight of whom care for patients, carers and families in their homes, three who care for the patient, carers and families in Blackpool Victoria Hospital and Peripheral Hospitals and 1 Team Leader.

All Trinity CNS's are highly qualified Nurses who have chosen to work in Palliative Care, share the same passion and commitment, and have the skills to provide Specialist Palliative Care knowledge, expertise and support to patients, carers and their families, and also to the caring team involved in the patients management of their illness (their GP's, Consultants and all other Health Care Professionals) ultimately maximizing the patients' quality of life. Trinity Clinical Nurse Specialists all have taken extra training to enhance their skills, having achieved Diploma/Degree level of education, with some members of the team working towards postgraduate qualifications in Palliative Care.

Each Trinity CNS works on their own and applies highly developed specialist knowledge and advanced communication skills to advise and influence each patient's caring team on complex symptom management, psychological, social and spiritual care, promoting best practice in order to maximize quality of life.



We have a significant positive impact on patient care - the patient being at the centre of all that we do - always acting in the patient's best interests.

The service we provide is similar to what many people now know of as Macmillan Nursing. All Specialist Palliative Care nursing in the community comes from Trinity and is entirely free of charge.

Trinity Clinical Nurse Specialists who work in the Community don't just visit patients in their own homes - they are linked to the patients' GP's, District Nurses and Social Services. They help manage the patients' symptoms such as pain, nausea or breathlessness. They assist each patient and their carers and family to understand what is happening and what can be done to help, making sure they are given enough information to be able to make decisions about their future, again always acting in the patients best interests. They are able to support the patient, carers and families by listening and guiding to the relevant services, also enabling access to some of Trinity's other services at such as the Day Therapy Unit, Inpatient Unit, Complementary Therapy and The Linden Centre (see past and future editions of Trinity News for details).



Sarah Roberts
Poulton, Over Wyre,
Some areas of Thornton
Cleveleys



Jackie Ratcliffe
- Garstang, Thornton



Jan Aitken
Lytham, Ansdell,
Freckleton, Kirkham



Tracey Morris
- Blackpool Victoria
Hospital, Rossall
Hospital, Bispham
Nurse Led Unit



Vivianne Dawson
- Blackpool Victoria
Hospital,
Clifton Hospital



Gill Cross
- Blackpool Victoria
Hospital, Wesham
**Trinity
Hospital CNS's**

Trinity CNS's who work as part of the Hospital element of the CNS Team care for patients, carers and their families in the Hospital setting. They visit patients on the wards and outpatient departments to facilitate the integration of acute and Specialist Palliative Care Services contributing to the patients total nursing care and management of symptoms that are physical, emotional and social issues. They work closely with all other allied Health Care Professionals, acting as the patients advocate to achieve the highest quality of care to help the patient, carers and family journey through this time of uncertainty.

There are five Secretaries to the Trinity Clinical Nurse Specialists, who provide a highly effective co-ordinated confidential service to the Trinity CNS Team and also the Lymphoedema and Complementary Therapy Services. Our Secretaries are highly skilled with excellent communication skills and if you want to contact anyone about the Trinity CNS Team they can help.



One of the key factors in successful Palliative Care is a team approach to achieve active holistic care for patients with advanced progressive illness, to manage pain and other symptoms and provision of psychological, social and spiritual care to enhance the patients' quality of life, which is our privilege to do.

As Team Leader I have a clinical caseload alongside my managerial commitments. I work closely with the Trinity Clinical Nurse Specialists, Hospice Consultant and Trinity Management Team to ensure that the Community Team, Hospital Team and their Secretaries are efficiently and effectively managed.

If you wish to know more about Trinity Clinical Nurse Specialists, what we do and how we do it, please do not hesitate to contact me on **01253 359379**.

Helen Moran
Clinical Nurse Specialist Team Leader
helen.moran@trinitypcs.org.uk



And there is more ...

Trinity knows that too many people with life limiting illness die in Hospital when they really want to die at home. The whole Trinity CNS Team effort tries to help more people die where they choose. Trinity has just appointed Dr. Andrea Whitfield to a brand new post as a Consultant in Palliative Medicine who will be based in the Hospital (more information in a future edition of Trinity News).

Also: we will appoint a fourth Trinity CNS for the Hospital element of the Trinity CNS Team. That recruitment process is underway now.

These developments and the funding for the vast majority of the Trinity CNS Team, are paid for by donations and support from the community of Blackpool, Fylde and Wyre -

THANK YOU.

Rob Woolley
Chief Executive
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Trinity Shoppers' Week

From 8th - 12th December we held a 'Shoppers' Week' here at the Hospice. This was to give our patients and their relatives the opportunity to 'go shopping' and buy Christmas presents for their loved ones (or just treat themselves!). Our volunteers even offered a gift wrapping service!

We invited some of the local retailers to 'set up shop' in our courtyard for the week. Beaverbrooks the Jewellers, Boots, Debenhams, Tesco and our very own Hospice stall rallied together to create the ultimate shopping experience!

For our Inpatients and our Day Therapy patients this was a chance to maybe buy a surprise gift for a loved one without their carers having to take them shopping. They could browse to their hearts' content and even place orders for items that were not available on the day. Likewise relatives and visitors were invited to browse as understandably Christmas shopping may not be a top priority.

We are hoping to make the 'Shoppers' Week' an annual event and hope to encourage even more retailers to take part next Christmas. In many respects this 'Shoppers' Week' takes Trinity back to the original purpose of the Trinity fairs. Those fairs won't come back to Trinity but we hope to have some kind of replacement fair somewhere else - **watch this space!**

Julie Swift
Events Co-ordinator

julie.swift@trinitypcs.org.uk
Tel. 01253 359362

Another Successful Brian House Christmas Party!



The children that Brian House cares for and their siblings had a wonderful afternoon at the Christmas Party, held at Newton Hall Holiday Village in Staining.

Father Christmas visited us with lots of sacks of presents along with a magician and a face painter, who went round all the families. We had lots of games and play. There was lots of dancing and even the staff had a go at entertaining the families with their interpretation of "Mama Mia"!!! We won't give up our day job!

Thanks to all the staff and volunteers who helped make the party such an enjoyable occasion for all our children and their siblings.

Play will always be important to what we deliver at Brian House Children's Hospice, not just at Christmas but all year round.

Sue Pelling
Playworker at Brian House Children's Hospice



Blackpool Football Club visit Brian House

The photos say it all ... smiles, smiles and more smiles - the day our friends at Blackpool Football Club came to Brian House Children's Hospice.



Our local heroes gave an impromptu visit to Brian House just before Christmas and for some avid fans it really was the best Christmas present ... **ever!**

Among the children at the hospice to meet the Blackpool players was 19-year-old Sean Flynn, who has Duchenne muscular dystrophy.

He said *"It was fantastic the players came to see us. I am a big football fan and I was really excited about the whole thing."*

The players were wonderful with the children and even brought gifts. Unknowingly these warm hearted players made our children very happy!



Gifts in Kind



Throughout the year the cash and cheque donations made directly to us immediately boost the funds here at Trinity Hospice and Brian House Children's Hospice. However there are many other ways to help increase these much needed funds.

Various goods are also donated to us which are referred to as **"Gifts in Kind"**. These items can be for the direct use of our patients and children but whilst it is not always possible to use them here at the Hospice, the items can be forwarded to one of our Hospice shops to be sold. The proceeds then help to increase our funds.

The generosity of our supporters who donate goods is very much appreciated. This beautiful, hand made carousel for the children of Brian House Children's Hospice was created by Mr Derek Newton of Norbreck and is one of the many things we have received just recently.

Our thanks go to everyone for everything.

If you have any goods you wish to donate (anything, it doesn't have to be grand), please bring them to the Fundraising team here at the Hospice. If you aren't sure if we'll want it please just give me a call.

Beverley Whittaker
Fundraising Administrator
beverley.whittaker@trinitypcs.org.uk
Tel. 01253 359362

Forthcoming Events

February 2009

2nd Charity Concert & Celebration of Young Talent

Empress Ballroom 6.30pm
Contact Karen Oldroyd at the Hilton Hotel on 623434.

17th Quiz Night and Hotpot

Thornton Friends
Briardene Hotel.

21st Good As New Sale

Poulton Friends
Poulton Methodist Church, 10am - 2pm.
Any items to be donated for the stalls to be brought to the church on 16th, 17th & 18th Feb between 10am and 12pm or call Beryl on 885318 to make alternative arrangements.

Bric-a-Brac to be brought Friday between 10am and 12pm or call Beryl on 885318 to make alternative arrangements.

27 - 28th 24Hr Dartathon

Marton Institute - all welcome to support.

28th Ladies Night Ball

at the Hilton Hotel, Blackpool North Round Table
Tickets - david.carter@scanlite.co.uk

March 2009

7th Coffee Morning

Lytham St. Annes Friends, St. Joseph's

28th Spring Coffee Morning

Poulton Friends
Poulton Bridge Club, 10am - 12pm. Admission £1.00 including refreshments. Stalls & raffle.

April 2009

12th Craft Fair Marsh Mill

Thornton Friends

25th Brian House Ball

The Grand Hotel, Lytham - Tickets £40 including a 3 course meal and live entertainment. Call Fundraising on 359362.

May 2009

7th Spirituality Conference

For more information please email
christine.jack@trinitypcs.org.uk

16th Coffee Morning

Coffee morning at Carleton, 10am - 12pm.
Admission £1.00 including refreshments.
Stalls & raffle.

23rd Spring Fair

Methodist Church, Woodlands Road. Organised by Lytham St Annes Friends Group.

September 2009

5th Trinity's illumathon

Ladies walk the lights fantastic.
Contact Fundraising for an application form on 359362.

If you're planning to have an event in aid of Trinity Hospice then please call Fundraising on 01253 359362

Talk Talk ...

Are you a member of a group or committee of any kind who would like to hear more about the services of Trinity Hospice?

Then we want to hear from you!

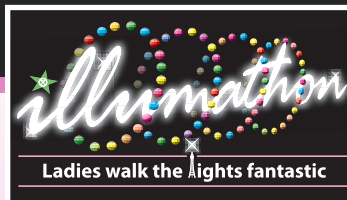
We have a team of Hospice volunteer 'ambassadors' who would be delighted to come along and tell your group more about both Trinity and/or Brian House Children's Hospice.

Our ambassadors are extremely valued members of our Fundraising team, helping to inform and educate the community about Trinity's services as well as raising our profile.

If you're a confident public speaker and passionate about the work of Trinity then why not consider joining us and being a volunteer ambassador?

If you want more information about booking a talk or becoming a Hospice ambassador then call 01253 359363 and speak to Jane or Lisa.

Do it now! - Hear about us in 2009.



It's hard to believe it's been 3 months since our first Trinity illumathon and the results have been amazing.

To date we have raised a staggering **£151,000** and there's still more to come.

If you still have any illumathon money please send it to the Fundraising office - **every penny goes directly to patient care and really does make a difference.**

The 2009 illumathon takes place on the 5th September - if you haven't registered already please call **01253 359363** - places are filling up fast.



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Tel: 01253 358881

www.trinityhospice.co.uk